



**Hong Kong Association of Gerontology  
Twentieth Annual Congress of Gerontology**

**“Strengthening Primary Health Care and  
Quality Services for Older People in Hong Kong”**

**23<sup>rd</sup> NOVEMBER 2013**

**9:00am –5:00pm**

**Ballroom, Langham Hotel Hong Kong, 8 Peking Road, Tsimshatsui, Kowloon**

**Final Announcement**

<b>8:30am</b>	<b>Registration</b>
<b>9:00am</b>	<b>Opening Ceremony and Welcome Address</b> <i>Dr. Edward M F Leung, President, Hong Kong Association of Gerontology</i>
<b>9:10am</b>	<b>Keynote Speech</b> <i>Dr. CHAN Hon-yea Constance, JP</i> Director of Health, Department of Health, The Government of the Hong Kong Special Administrative Region
<b>9:25am</b>	<b>Presentation of Souvenirs &amp; Presentation of The Accreditation Certificates</b>
<b>9:30am</b>	<b><u>Plenary Session 1</u></b> <b>“Vaccination: a Cornerstone in the Primary Care of Older People”</b> <i>Dr Shelley de la Vega</i> Associate Professor, University of the Philippines College of Medicine Director, Institute of Aging, University of the Philippines Manila- National Institutes of Health Vice President, Philippine Foundation for Vaccination
<b>10:00am</b>	<b>TEA BREAK</b>
<b>10:20am</b>	<b>Outstanding Paper Presentation</b>
	<b>Quality Service for Older People in Long-Term Care: A Study of the Quality of Life of Nursing Home Residents from 2008 to 2012</b> <i>Claudia K.Y. LAI &amp; Enid W.Y. KWONG</i>
	<b>Life Mentor Scheme for Generation Me: A Student-centered Experiential Learning Activity for Student Excellence in an Ageing Society</b> <i>Alice M.L. CHONG</i>
	<b>A Study of the Characteristic Features of Volunteers Aged 50 or above Serving in Non-government Organizations (NGO) for Elderly in Hong Kong</b> <i>Y.W. YIP-CHENG, P.W. YIP, S.F. MAN, M.M. CHEUNG, M.C. SHUM &amp; Stella L.K. WONG</i>
	<b>Neuropsychiatric symptoms predict the risk of progression to dementia in Chinese: Findings from Hong Kong Memory and Ageing Prospective Study (HK-MAPS)</b> <i>W.C. CHAN, Linda C.W. LAM, Candy H.Y. WONG, Grace T.Y LEUNG &amp; Ada W.T. FUNG</i>
	<b>Goals and Successful Aging in Hong Kong Chinese Older Adults</b> <i>Alma AU, Teresa TSIEN, Eddie NG, Simon LAI, Candy LAM</i>
<b>11:50am</b>	<b><u>Plenary Session 2</u></b> <b>“Physical Exercise and Healthy Ageing”</b> <i>Prof. Siu-yin CHEUNG</i> Department of Physical Education, Hong Kong Baptist University

<b>2:00pm -5:00pm</b>	<b>Free Paper Presentation</b>
<b>Free Paper Session I—Fall Prevention</b>	<b>Free Paper Session II—Mental Health</b>
<b>How to age like IPMAN? Senior Ving Tsun martial art practitioners have better balance performance and knee muscle strength</b> <i>Shirley S.M. FONG &amp; Shamay S.M. NG</i>	<b>Continuous promotion of Person-centred Care for the people with dementia at residential homes by using Dementia Care Mapping (DCM)</b> <i>Maggie Y.M. LEUNG, Diana S.H. KAM, Schwinger C.K. WONG, Lisa K.L. TSE &amp; Wilson W.S. WONG</i>
<b>Formulate Inpatients Falls Prevention Strategies by Systematically Analyzing Fall Incidents</b> <i>T.K. YIM, Elaine Y.L. CHENG, Ada O.K. FUNG, K.Y. SHA, Luby K.L. TSO &amp; Edward M. F. LEUNG</i>	<b>Factors affecting level of QOL of community-dwelling elders in Hong Kong</b> <i>Y.T. KWOK, K.P. WAI &amp; Cecilia W.P. LI-TSANG</i>
<b>Risk Factors and Predictors of Hospital Readmission Following Surgery for a Hip Fracture</b> <i>Elaine Y.L. CHENG, Edmund K.Y. SHA &amp; Edward M.F. LEUNG</i>	<b>Predictors to subclinical depressive symptoms among community-dwelling seniors identified through a mobile centre</b> <i>Rebecca K.P. WAI &amp; Teresa CHIU</i>
<b>A randomised trial comparing the use of Tai Chi with or without a cognitive-behavioral intervention to reduce the fear of falling in community-dwelling elderly people</b> <i>Justina Y.W. LIU</i>	<b>Evaluation of a Community-based Care Programme for Older adults with Early Dementia</b> <i>Amy Y.M. CHOW, Iris K.N. CHAN, Paulin P.L. PANG &amp; Patrick P.T. CHOW</i>
<b>Allied Health Fall Prevention Clinic in Kowloon East Cluster General Out-Patient Clinics: Enhance fall prevention in community dwelling elderly by early detection of fall risk and target intervention</b> <i>Yvonne Y.F. LAW, C.W. CHAN, S.H. WAN, S.W. WONG, V.K. CHAO, K.W. WONG, T.K. AU, C.T. YIP</i>	<b>Cancer-Related Information Seeking and Scanning Behaviors in Older Chinese Adults: A Cross-Sectional Survey</b> <i>Doris Y.P. LEUNG, Twiggy T. CHOW, Eliza M.L. WONG, Helen Y.L. CHAN, Carmen M.S. LEUNG, Diana T.F. LEE</i>
<b>Free Paper Session III—Community Health</b>	<b>Free Paper Session IV—Long Term Care</b>
<b>Health-related consumption behaviour among elderly population: an Exploratory Study</b> <i>Mimi TSE, K.L. CHAN, Anthony WONG, Eric TAM, Elaine FAN, Gloria YIP</i>	<b>Frailty status among older adults: What is the relationship of frailty to pain and happiness?</b> <i>Mimi TSE, Claudia LAI, Anthony WONG, Enid KWONG, Justina LIU, Sylvia TING, S.K. TANG, K.L. CHAN &amp; Winnie WONG</i>
<b>Challenges Encountered by NGOs in Hong Kong to Facilitate Aging in Place: A Qualitative Study</b> <i>Kris W.N. WONG &amp; S.T. KWOK</i>	<b>Support Paradox in Caregiving: a Focus Group Study of family Caregivers of Older Adults Living in Elderly Homes</b> <i>Wallace C.H. CHAN &amp; Karen L.Y. WONG</i>
<b>A Survey of Habitual Physical Activity among Community-dwelling Elderly in Hong Kong</b> <i>K.P. WAI, Y.T. YEUNG, W.Y. LI &amp; K.S. CHOI</i>	<b>Mortality-related factors in long term care residents: a 4-year prospective study</b> <i>K.LAM &amp; Angel C.C. CHAN</i>
<b>Changes of pain intensity, pain interference, catastrophizing and coping in Chinese older adults by multidisciplinary self-management pain program</b> <i>Joanne W.Y. CHUNG, Maggie Y.M. LEUNG, Diana S.H. KAM, Walter Y.M. LOK &amp; Joyce W.L. YIP</i>	<b>Using Cloud Technology to Construct Health Records for Elders Health Caring : A Pilot Project in a Nursing home</b> <i>M.Y. LIAO, S.W. HUANG, Y.J. KUO, H.F. CHU &amp; Y.L. LIN</i>
<b>Effect of Chronic Disease Self-Management Program on hospital discharge elderly and their caregivers: A community-based approach</b> <i>Kevin K.W. CHEUNG &amp; Winnie W. S. LEUNG</i>	<b>Perspectives of Older Residents in Aged Homes Concerning Living Will</b> <i>Noble P.K. LAW &amp; Carmen W.H. CHAN</i>

<b>Poster Presentation</b>
<b>Applications of Drama Activities for Frail Older People: A Literature Review</b> <i>W.C. WONG &amp; Mimi TSE</i>
<b>Development of defining characteristics of pain in patients with advanced dementia</b> <i>P.W. TSAI, J.J. WANG, Y.H. SHIH &amp; E.P. SU</i>
<b>Atypical Symptom Presentation of Acute Myocardial Infarction in Hong Kong Older People</b> <i>Polly W.C. LI, Diana LEE &amp; Doris YU</i>
<b>Parki-fit and Walk Program Promoting Physical Activity and Health Fitness for Idiopathic Parkinson's Disease: Impact of non-motor symptom 'Fatigue'</b> <i>C.M. KWOK, H.T. LUI, K.F. HUI, K.Y. WONG, Y.W. CHEUNG &amp; T.K. AU</i>
<b>The Use of Non-pharmacological Pain Management Strategies in Frail Older Adults</b> <i>K.F. YEE &amp; Mimi TSE</i>
<b>The Effect of Life Review Interventions on the Psychological and Spiritual Well-being of Older People: a systematic review</b> <i>Carmen K.M.LI, Carmen W.H. CHAN &amp; Helen Y.L. CHAN</i>
<b>A Cognitive Advancement Program to Improve the Cognitive Functioning of People with Mild Cognitive Impairment</b> <i>Timothy KWOK, Bel P.S. WONG, Isaac IP, Vennus HO, Andrew LAU &amp; Florence HO</i>
<b>The Development of a Diabetes Risk Score Smartphone Application (DRS app): views from the stakeholders</b> <i>Angela Y.M. LEUNG, Mike K.T. CHEUNG, Esther Y.T. YU, Cindy L.K. LAM &amp; Karen S.K. LAM</i>

Registration (Lunch & 2 Tea Breaks included)

Fees: HK\$500 (Members) / HK\$650 (Non-members) / US\$150 (Overseas)

Accreditations CNE : 5 pts / CPD (PT): 5 pts / CPR (OT): 5 pts / CME (under application)

Points:

Enquiries: 2775 5756 (Ms. Gloria Chun / Mr. Thomas Wong)

**HONG KONG ASSOCIATION OF GERONTOLOGY**  
**20<sup>th</sup> ANNUAL CONGRESS OF GERONTOLOGY**

**REGISTRATION FORM**

Please type or print in Block Letters & return this form together with full payment to:

The Conference Secretariat,  
20<sup>th</sup> Annual Congress of Gerontology,  
1/F, Kimberley House, 35 Kimberley Road, Tsim Shui Tsui

I. Personal Data

Title: Prof. / Dr. / Mr. / Mrs. / Miss / Ms                      Sex: M / F

(\* Please write clearly)

\*Surname: \_\_\_\_\_

\*Other names: \_\_\_\_\_

Organization & Department: \_\_\_\_\_

Post: \_\_\_\_\_

\*Mailing Address: \_\_\_\_\_

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II. Payment (Please tick)

- |   |                          |         |
|---|--------------------------|---------|
| 1. Member of Hong Kong Association of Gerontology | <input type="checkbox"/> | HK\$500 |
| (Max. 5 Quota for Organization members)           | <input type="checkbox"/> | HK\$500 |
| 2. Non-member:                                    | <input type="checkbox"/> | HK\$650 |
| 3. Overseas:                                      | <input type="checkbox"/> | US\$150 |

III.  I wish to receive future announcement on professional education and conference from Hong Kong Association of Gerontology

Please make the cheque payable to: **Hong Kong Association of Gerontology.**

Due to limited seating capacity, early registration will be appreciated.

For enquiries:

Please call at 2775 5756 by phone or via email [info@hkag.org](mailto:info@hkag.org) or by Fax at 2775 5586.

Re: 20<sup>th</sup> Annual Congress of Gerontology