

# Hospice Palliative care in Asia and Taiwan

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## Definition of palliative care (WHO 2002)

• Palliative care is an approach which improves **quality of life** of **patients and their families** facing the problem associated with life-threatening illness, through the prevention and relief of suffering by means of **early identification** and impeccable assessment and treatment of pain and other problems, **physical, psychosocial and spiritual**.



The NEW ENGLAND JOURNAL of MEDICINE

#### ORIGINAL ARTICLE

#### Early Palliative Care for Patients with Metastatic Non–Small-Cell Lung Cancer

Jennifer S. Temel, M.D., Joseph A. Greer, Ph.D., Alona Muzikansky, M.A.,
Emily R. Gallagher, R.N., Sonal Admane, M.B., B.S., M.P.H.,
Vicki A. Jackson, M.D., M.P.H., Constance M. Dahlin, A.P.N.,
Craig D. Blinderman, M.D., Juliet Jacobsen, M.D., William F. Pirl, M.D., M.P.H.,
J. Andrew Billings, M.D., and Thomas J. Lynch, M.D.

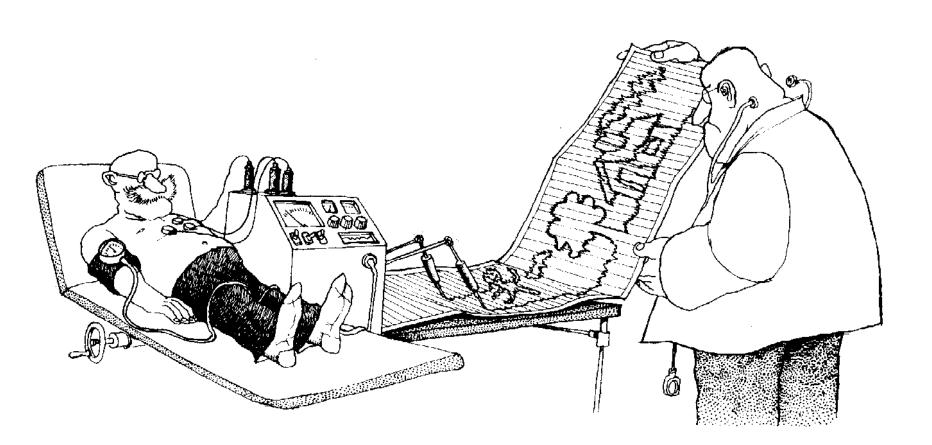
N ENGL J MED 363;8 NEJM.ORG AUGUST 19, 2010

#### 肺癌病人在治療當中,同時合併寧養照護,生命期較長

end-of-life care (33% vs. 54%, P=0.05), median survival was longer among patients receiving early palliative care (11.6 months vs. 8.9 months, P=0.02).









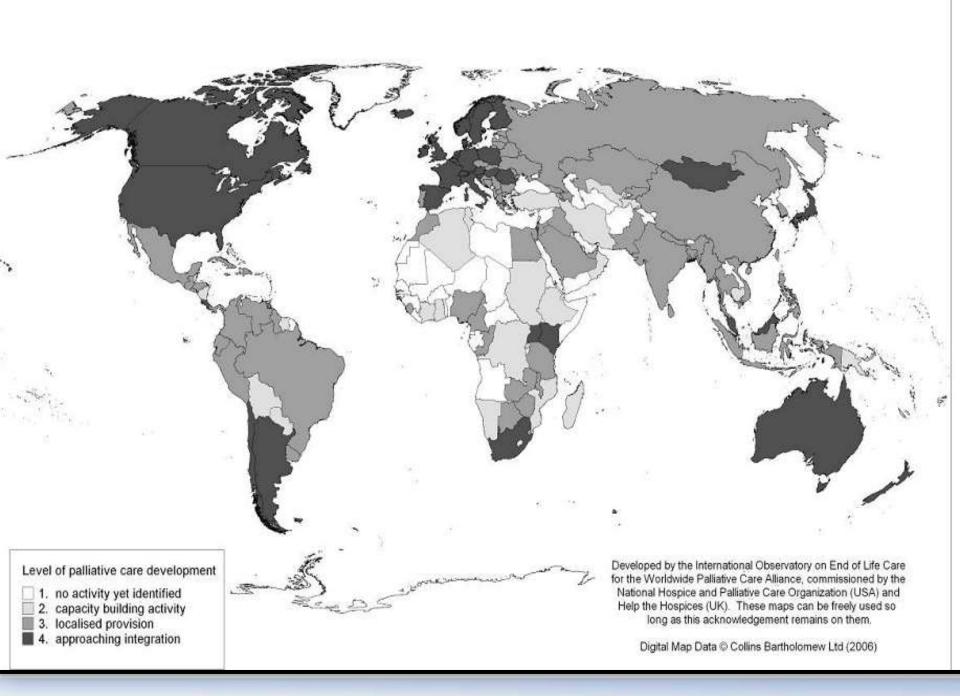
#### Palliative care

- Provides relief from pain and other distressing symptoms
- Affirms life and regards dying as a normal process
- Intends neither to hasten or postpone death
- Integrates the psychological and spiritual aspects of patient care
- Offers a support system to help patients live as actively as possible until death
- Offers a support system to help the **family** cope during the patient's illness and in their own bereavement
- Uses a **team approach** to address the needs of patients and their families, including bereavement counselling, if indicated
- Will enhance quality of life, and may also positively influence the course of illness
- Is applicable **early in the course** of illness, in conjunction with other therapies that are intended to prolong life, such as chemotherapy or radiation therapy, and includes those investigations needed to better understand and manage distressing clinical complications.



#### **Global Palliative Care Development**

- 1. No known hospice-palliative care activity.
- 2. Capacity building activity. evidence of wide-ranging initiatives designed to create the organizational, workforce and policy capacity for hospice-palliative care services to develop, but no service is currently operational.
- 3. Localised hospice-palliative care provision. the development of a critical mass of activists in one or more locations; the growth of local support; the sourcing of funding; the availability of morphine; the establishment of one or more hospice-palliative care services; and the provision of training by the hospice organization.
- 4. Countries where hospice-palliative care services are reaching a measure of **integration with mainstream service providers**. : a critical mass of activists; multiple providers and service types; the availability of strong, pain-relieving drugs; an impact of palliative care upon policy; the development of recognised education centres; academic links forged with universities; and the existence of a national association





## What is happening worldwide?

- ■Total number of hospice and palliative care initiatives >8000
- □115 of 234 countries (49%) have developed at least one hospice/palliative care service.
- Only 35 (15%) of these have achieved integration with mainstream health providers. (includes Hong Kong, Japan, Malaysia, Mongolia, Singapore, Taiwan)
- ■80 countries (34%) have localized provision
- ■No known activity in 78 countries (33%) including Laos, Cambodia, Korea (DPR)



### The Asia Pacific Region

- Great diversity of population, ethnicity, religion, language, economic development
- There are now >800
   palliative care services in the region
- Great variation in the level of service provided & coverage



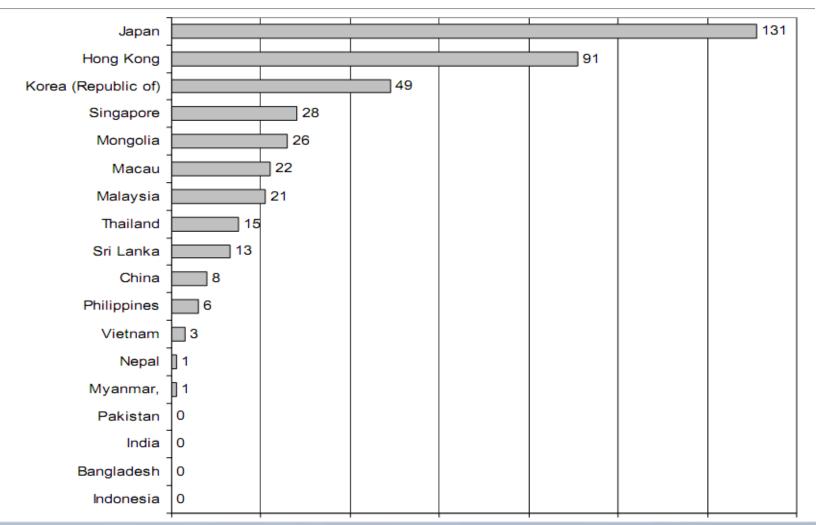


## Palliative care development in Eastern and Southern Asia and Oceania

Date	Asia Eastern	Asia South-eastern	Oceania	Countries N
1965-69	South Korea			1
1970-74	Japan			1
!975-79			New Zealand	1
1980-84	Hong Kong		Australia	2
1985-99	China	Singapore		2
1990-94	Taiwan	Indonesia Malaysia Philippines		4
1995-99		Myanmar Thailand		2
2000-2006	Macao Mongolia	Vietnam		3
Total	7	7	2	16



Average daily consumption of defined daily doses of morphine per million inhabitants, 2003-2005: countries of Central, South and East Asia





#### Hospice and palliative care in Japan

- First hospice: Yodogwa Christian Hospital in 1973.
  - -1990 National Health Insurance funding for accredited PCUs (now 199)
  - -2002 palliative care teams (now 122)
  - -2006 home care
- Most are hospital hospice services, home hospice services are increasing.
- The client for hospice service :terminal AIDS, cancer patient.
- No life expectancy limit for patient under palliative service.
- Mean duration of hospice service : 25 days and there was no limit of service duration.
- Hospice team: medical doctor, nurse, social worker and volunteer, but there is no hospice education requirement for hospice team.
- Hospital Palliative Care teams are well resourced in Japan



#### Hospice and palliative care in Japan 2

#### • Law

- No single hospice law but related laws included National Health Insurance Law, Long Term Care Insurance Law, and Cancer Law.
- New law in 2006 requires 286 designated hospitals to provide <u>cancer care</u> including prevention, treatment and palliative care.

#### Funding

- The service (inpatient, daycare, home hospice care) was funded by <u>National</u> health insurance and long-term care insurance.
- The <u>co-payment by patient is about 10–30%</u> depending on age of patient (<3 yr old: 20%, 3–69 yr old: 30%, ≥70 yr old: 10%)
- Japan Council for Quality Health Care response for hospice quality control, both by peer review program and audit of nursing plan..



## 日本厚生省緩和照顧病棟設施基準

- 對象疾病:以末期惡性腫瘤患者為主
- 施設基準條件:
- 合乎醫療法基準
- 需有該病棟常勤專任醫師
- 護理人力 1:1.5 (一般病房為1:3)
- 病房面積每床8 mm2 (2.42坪)以上
- (約為普通病房兩倍)
- 全病棟面積每床30mm2以上
- 該院符合一般護理標準
- 個人房佔50% 以上



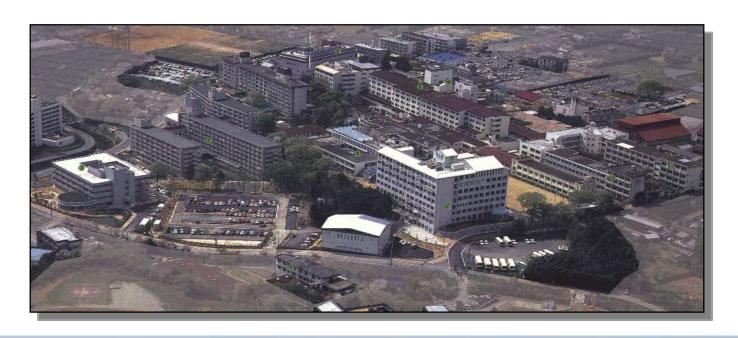
## 日本厚生省緩和照顧病棟設施基準

- 有供家庭使用之休息室(臥室)及客廳
- 有供家庭使用之廚房
- 設有面談室,會議室
- •該病院差額給付病床(非保險病床)在50%以下
- 設有一檢討入出院之委員會



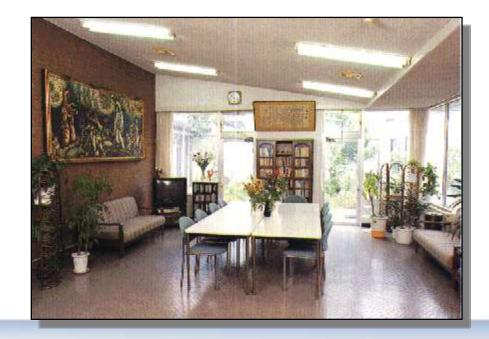
## 聖隸三方原病院

- □日本第一家緩和醫療病院
- □全院床數:750床,緩和病床數:27床\*
  - ◆ 佔床率:90%
  - ◆ 全為單人房
- □病房內設有教堂













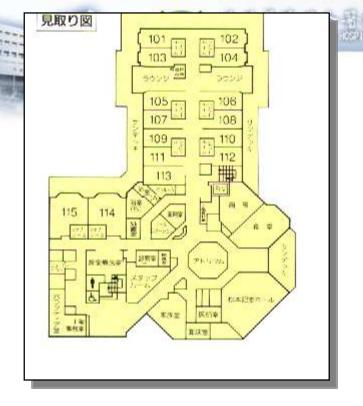






Peace House (安息之家): Independent hospice







每一病室有落地窗可直接通往花園



中庭溫室





通往各病室之走廊

感覺溫馨的護理間



護理人員不用穿制服,以拉 近與病患距離









## 音樂治療

## Body sonic



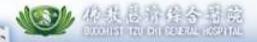


病人,家屬及工作人員可利 用音樂放鬆情緒



## 國立癌症中心東院 National Cancer Center Hospital East





## 國立癌症中心東院 National Cancer Center Hospital East

- ◎ 成立於1992年7月,為東京國立癌症中心分院
- ♀ 全部425床,其中25床為緩和醫療病床(?)
  - ♥特別單人床
  - ◎一般單人床
  - □ 兩床房間兩間,作為出院病患短暫再住院 (不超過兩遇)



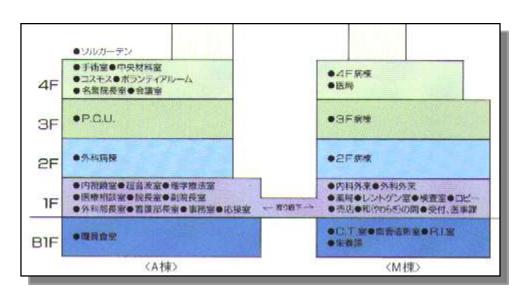








## 東札幌病院







## 團隊合作 Team

## 成員

- 醫師 (2-3\*
- 護士 (19)
- 醫療社工(1)
- 專職營養師 (1)
- 專職藥師(1)



#### Hospice and palliative care in Korea

• The first hospice development in the Asia Pacific region - Calvary Hospice of Knagung 1965.

- Surveyed in 2011 (29 home based hospice)
  - Hospital-based hospice: 11 (37.9%) facilities
  - Hospital-independent center-based care 4 (13.8%)
  - Home-based care only : 10 (34.5%).
  - Caregivers included nurses for 62.1% of the participants, volunteers 62.0%, pastors 44.8%, social workers 37.9%, coordinators 31.0% and doctors 31.0%.
  - The facilities offered service programs such as family counseling (96.6%), transfer to other facilities (93.1%), psychological support (89.7%), bereavement support (86.2%), dying care (79.3%), clinical care (75.9%) and spiritual support (75.9%). In Korea, home-based hospice care is provided by an insufficient number of facilities.





Seoul St. Mary's Hospital



Palliative Care Unit in SNUH



#### Hospice and palliative care in Singapore

- Hospice movement started in 1985 when St Joseph's Home, Jurong provided 16 beds set aside for terminally ill patients
- Hospice home care started since 1986. charity-funded and free to end-user.
- Singapore Hospice Council (SHC) serves as an umbrella body (8 members).
- Services: patients with <u>serious life-limiting illnesses</u>, supporting their families, providing caregiver training to family members and volunteers, and raising awareness of hospice and palliative care among public and professionals.
- 4 organization provided in-patient hospice service, 5 provided home hospice service and 2 for day care service.
- In addition to the tradition palliative care, specialize service included loan of medical equipment, recreational activities, special therapies, general counselling services, religious counselling and training for family caregiver.
- Services run by charities and government subsidizes hospice care since 1994 for inpatient Hospice Care and 1996 for hospice home care.



#### Hospice and palliative care in China

- Palliative care and pain relief clinics in various parts of mainland China for some years.
- In November 1998, the Li Ka-Shing Foundation established a hospice unit in Shantou University Cancer Hospital
- By 2013, 32 hospice programs in major cancer hospitals throughout China
- All services are provided free.
- <u>Home visits</u>: within a radius of 100 kilometers from the center.
- Services <u>for underprivileged</u> <u>patients with disseminated</u> malignancy.
- Individual hospice program also developed in different hospital around the country. There was no official representative organization in China







01汕頭寧養院曹醫師>右下角 hospice>李主任,請稍等。 01汕頭寧養院曹醫師>右上角 01汕頭寧養院曹醫師>李主任請 點擊右上角的"下一張" hospice>李主任,請繼續講。 hospice>我們可以聽到你的講話。 白板 | 共同瀏覽網頁 | 兵面共享 | 逐距離操控 | □ 功能表 ▼ ■ 日 ▼ 清除標記 ■ 検視 ▼ ■ 上頁 ■ 下頁 ■ 日 本 (hospice) Microsoft Power ■ 1

## 三. 护理措施

- 1. 右下肢疼痛的护理;
- 2. 右下肢肿胀的护理;
- 3. 局部伤口护理及处理;
- 4. 潜在其他部位皮肤完整性受损护理。
- China started the program since 2010
- Participant include different region in China, Hong Kong, Taiwan and Singapore



# leading causes of death, Malaysia, Thailand and Philippines

Malaysia	%
Septicaemia	17
Heart disease	16
Malignant neoplasm	11

Thailand	
Malignant neoplasm	
Accident and poisonings	
Heart disease	

Philippines	%
Heart disease	18
Cerebrovascular disease	11
Malignant neoplasm	10

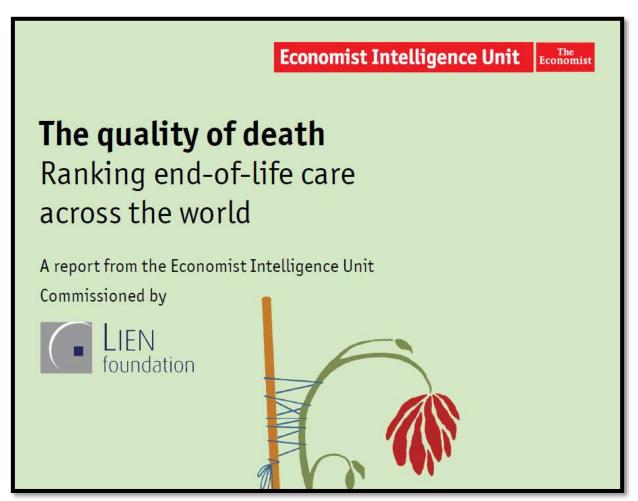


# Hospice and palliative care: organisational provision in Malaysia, Thailand and Philippines

Country	No of organisations	Organisations making inpatient provision		Organisations making outpatient provision	
		Hospice	Hospital	Home care	Day care/ clinic
Malaysia	90	2	68	20	10
Thailand	13	5	9	3	7
Philippines	34	1	28	22	18
Total	137	8	105	45	35

## Palliative care in Taiwan

## Ranking End of Life Care across the world 2010 全球末期照護品質評比









### 台灣的末期照護品質 Quality of Death in Taiwan



### Development of palliative care in Taiwan

Years	Events
1983	Promote hospice movement by NGO
1990	The first hospice inpatient unit
1995	Government (DOH)developed hospice policy for cancer patient
1996	National Health Insurance provided coverage for palliative home care program
2000	Taiwan passed the "The Hospice Palliative Medical Act" (Natural Death Act) National Health Insurance provided coverage for palliative inpatient care program
2003	National campaign for hospice palliative care
2004	Palliative inpatient shared care program. Increase reimbursement for palliative home care program
2010	Reimbursement for non-cancer End of Life care
2011	Promotion of advanced care planning ACP

### The models of hospice care

	Model	Present status in Taiwan
1.	Hospital based hospice unit	
2.	Independent hospice	X
3.	Palliative care in nursing home	X
4.	Palliative Home care	<b>✓</b>
5.	Palliative day care	X
6.	Hospital palliative care team	✓
	(share care program)	

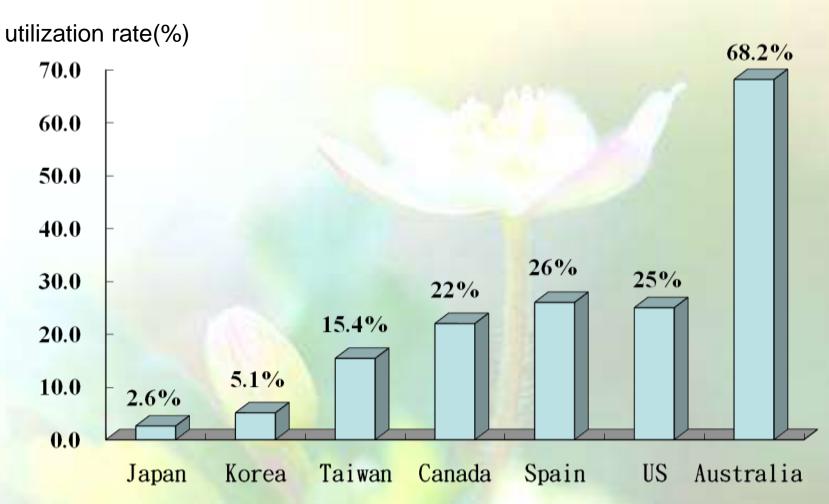




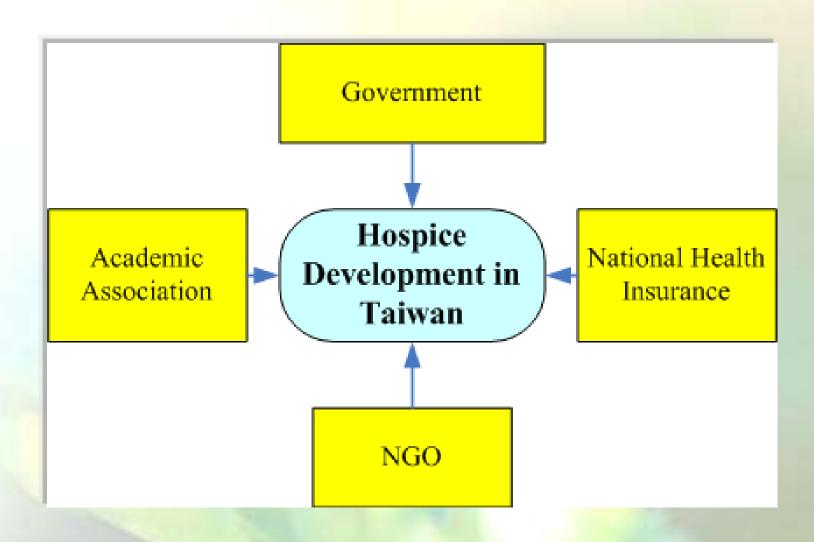


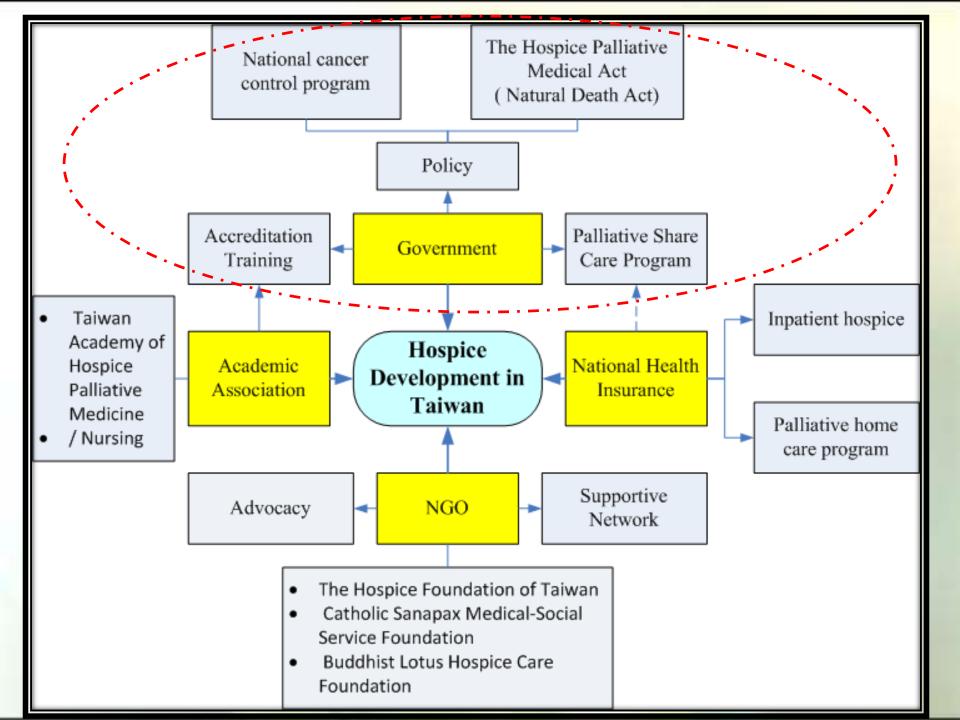
## Comparison of the rate of palliative service in different countries 2004

Palliative care



# Four essential components for palliative care development in Taiwan





### Policy for palliative care

- Nature Death Act 2000 (Hospice Palliative Medical Act)
- National health insurance subsidize hospice home-care and inpatient-care system (for cancer1996, 2000, motor neuron disease 2003)
- Bureau of Health Promotion subsidize for <u>share care</u> program
   2004 and Hospice Education Center
- Department of Health set up the <u>standard</u> of hospice home care, the standard of in-patient hospice care, guidelines for pain control in terminal cancer patients
- Taiwan Academy of Hospice Palliative Medicine began a nationwide and official accreditation for hospice service 2000

### Hospice Palliative Medical Act

- Established the patient's right to sign a 'do not resuscitate' order 2000
- The right to choose palliative care.
- The Act was first amended in 2002 to allow for the withdrawal of life-sustaining devices for terminally ill patients if predetermined by oneself.
- The Act was second amended in 2011 to allow withdrawal of lifesustaining devices for terminally ill if all family members agree and approved by ethical committee.
- The Act was third amended in 2013 to allow withdrawal of lifesustaining devices for terminally ill if at least one family members agree.

# Willingness to accept Natural Death Act recorded in the NHI card



### National Cancer Control Five years Program

國家癌症防治五年計畫 (草案)

8m

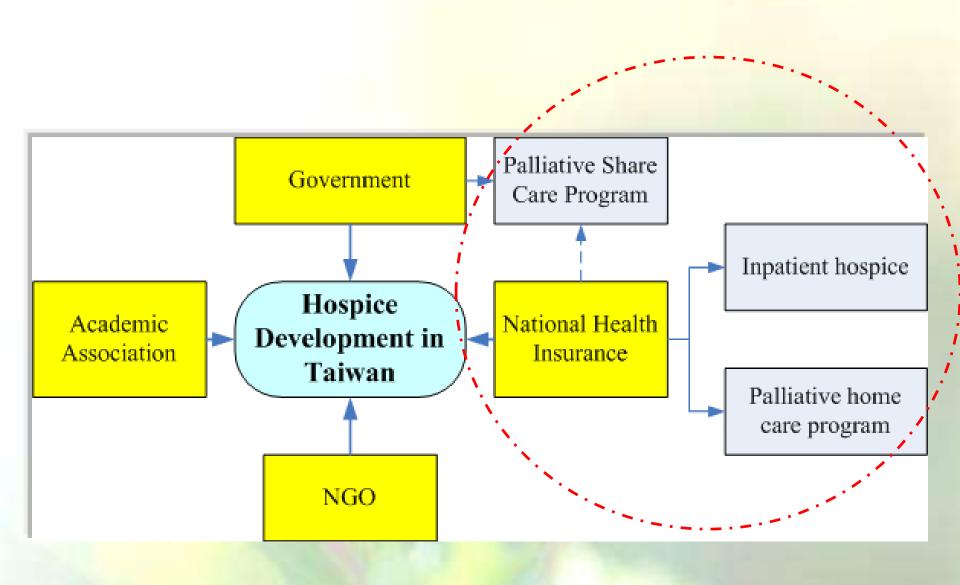
行政院衛生署 中華民國九十三年一月



### Goal



The percentage of cancer death that received palliative care



# National Health Insurance - Home care program -

	Physician fee Nursing fee			Z	Other profes	Special care	
	First visit	Follow up visit	<1 hr	> 1 hr	Termin al nursin g care	sional	program
Fee	1,500 US 45	1,130 US 34	1,300 US 39	1,500 US 45	2,500 US 75	700 US 21	1,260 US 38
							<u> </u>

# National Health Insurance Inpatient hospice reimbursement (per day)

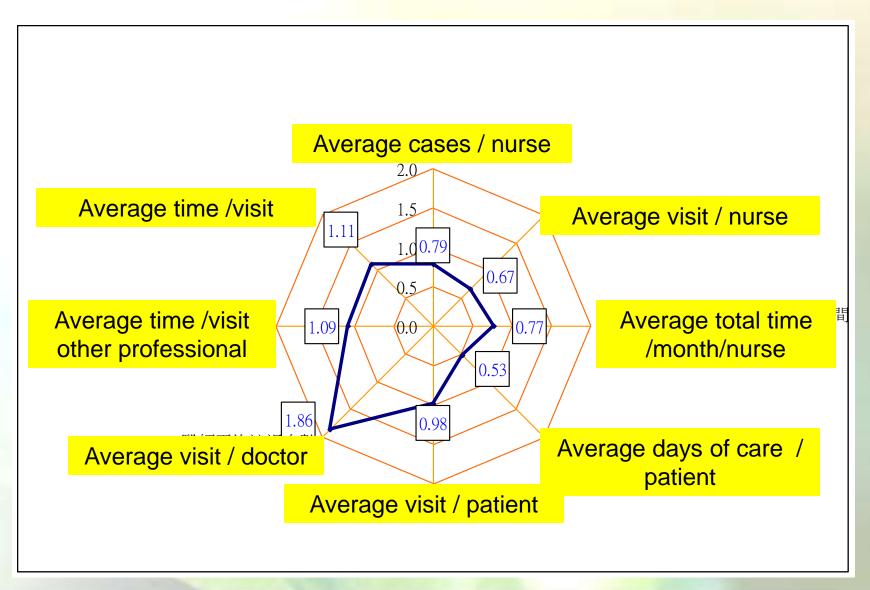
Level	Medical center	Regional hospital	District hospital
2000	NT 4,600 US:140	4,100	3,800
2001	4,820 US:146	4,280	3,930
2003		4,920 US:150	



## Accreditation Progect

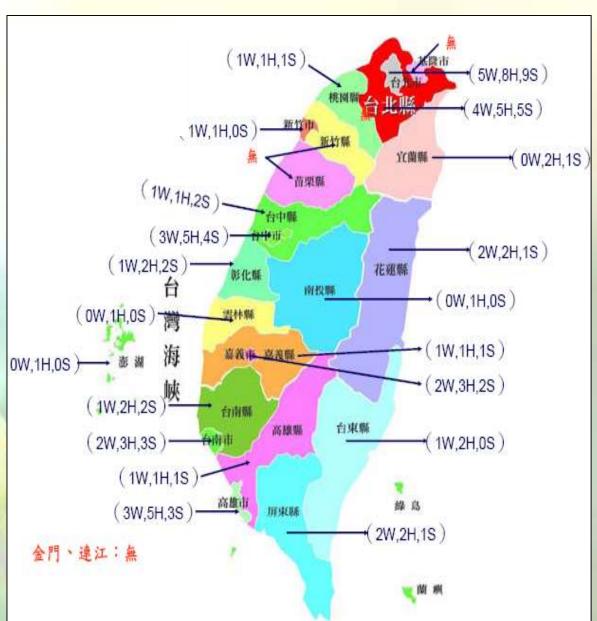


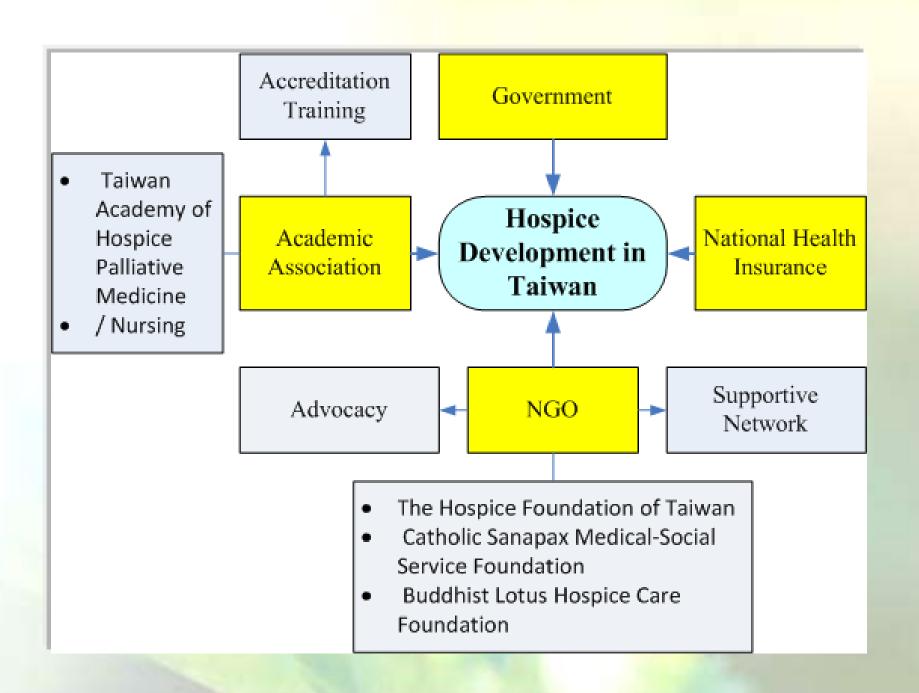
## Result (feedback to service unit)



### Hospice services in Taiwan 2012

- ➤ 49 inpatient hospices
- > 694 beds
- >73 palliative home care
- programs
- ▶69 palliative share care
- programs





## Community Action

- Foundation
  - The Hospice Foundation of Taiwan
  - The Catholic Sanipax Socio-Medical Service and Education Foundation
  - The Buddhist Lotus Hospice Care Foundation
- Academic association
  - Taiwan Hospice Organization 1995
  - Taiwan Academy of Hospice Palliative Medicine 1999
  - Taiwan Association of Hospice Palliative Nursing in 2005
  - Taiwan society of cancer palliative care 2004
- Advocacy for palliative care in the community yearly



### 財團法人安寧照顧基金會中華民國 Hospice Foundation of Taiwan

基金會簡介

活動與課程

安寧充電區

安寧文宣

合約醫院

國際事務

相關連結

愛心捐款

聯絡我們

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網站瀏覽人數:094929

#### 最新消息

賀!本會榮獲「第一屆優良癌症防治民間團體選拔優選獎」

為表揚國內工作成效卓越之癌症防治相關民間團體,行政院衛生署 國民健康局委託中華民國癌症希望協會辦理「第一屆優良癌症防治 民間團體選拔活動」。

本會通過激烈的初審、複審及委員實地訪查本會決選後,本會獲得 本活動機構組「優選獎」,並於9月22日(五)下午進行頒獎表揚大 會,本會由許尚武董事代表上台受獎。未來本會將秉持為社會大眾 服務,落實「臨終有品質,身心靈平安」理念在每一個人的心中。

#### 最新活動

95「健康・學習・服務」長青族社區宣導安寧療護計劃 持續拓展及深入發展對年長者宣導安寧療護理念,促使長者對生命 有更正向的思考與想法。

急重症安寧緩和醫療教育訓練課程

安寧療護並非是一個「地方」或「場所」,而是一種理念,安寧療 護基於人性的需要而生,希望發揮人類的大愛與醫療科技兩相整 合,予以臨終病人及其家屬最好的關懷與照護;安寧療護更體認生 命的神聖性,秉持「敬天愛人」的態度接受死亡的自然率,不加速



A ...





佛教莲花臨終關懷基全會

**Buddhist Lotus Hospice Care Foundation** 

類於 蓮花 安 車 毎 博 生命雙月計 蓮 花 之 友 起床宗教師與我 職員雖借中心 | 佛教馨事人員聯合書 | ENGLISH



## BUDDHIST LOTUS HOSPICE CARE FOUNDATION L · H · C · F

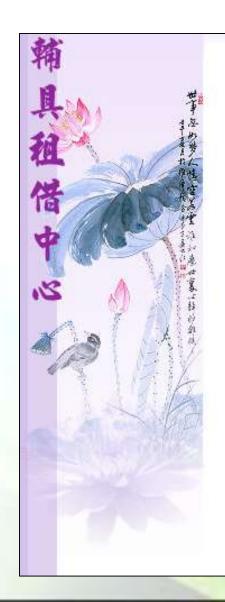
About the Buddhist Lotus Hospice Care Foundation Taiwan

The Buddhist scriptures says "Buddha came to this world for the living and death of human beings".

In 20th Century human beings have benefited from well-developed medical technology. Yet even with this medical development, there are still so many helpless dying people that can not be cured. In this modern society, the most hurtful thing in deep the place of our heart is to watch our beloved family members suffering helplessly and dying in front of us, yet we can not help at all.

Right now, there are some hospitals in Taiwan, which offer special service of hospice care. However, it could only reduce their physical pain. As for comforting and leading the spirit of the patient and the family member, there is insufficient humanitarian caring. Hence a group of buddhists working in hospitals gathered together to set up a "Buddhist Medical Union" in 1990. They went on to establish the "Buddhist Lotus Hospice Care Foundation" in 1994. The Foundation plans to

### **Equipments Renting/Lending**



## 常用辅具介绍 ....

▽ 氣墊床使用說明

#### 功能一

褥瘡的預防與治療

#### 床墊規格-(圖A)

條 管:18條條管(可單獨更換)

床墊尺寸:長190cm×寬85cm×高10cm 噴 氣:18條條管具有微孔噴氣口

床 墊:四周邊具有固定帶設計,不

會有滑動而影響舒適感

條管固定:採用車縫固定條管帶,不易

脫落

#### 幫浦規格-

機 型:B32





彼此相愛,合力的做一件美麗的事,給弱勢和困苦的朋友服務。 因爲您是我的兄弟!

財團法人大王教康泰醫療教育基金會 Catholic Sanipax Socio-Medical Service & Education Foundation

#### <u>回到首頁 · 網站導覽 · 愛心園地 · 我們的榮耀 · 相關連結 · 康泰會訊</u>

#### 主選軍

- 首頁
- 認識康泰
- 衛生教育訓練組
- 失智老人服務組
- 乳癌防治服務組
- 糖尿病童服務組
- 安寧療護服務組
- 衛生教育資源網
- 醫療福音傳播組

#### 活動預告: 康泰2006喜新戀舊 聖證馨歡會

Posted by on 星期三, 十一月 15 @ 15:19:59 CST (16 reads)

#### 親愛的朋友,平安:

康泰堅守本分,肩負起別人不願做、不要做及做不來的服務來做,默默發光發熱。此時 此刻,急需您的愛心繼續支持,莫讓我們服務的腳步,因經費短缺而有所遺憾。我們需 要籌募明年度爲乳癌病友、糖尿病童、失智老人、癌症末期照顧、衛生教育訓練、衛教 資源中心、醫療福傳…等各項服務經費,衷心期待您大力支持與鼓勵!願天主降福!



#### 康秦醫療教育基金會 全體同仁 敬激

1.時間:2006年12月17日(日)上午十時至下午四時

2.地點: 耕莘文教院-樓大禮堂(台北市辛亥路一段22號)



- 新消息公佈
- 安寧照顧協會簡介
- 學術刊物
- 安寧緩和醫療條例
- 緩和醫療條例施行細則
- 安寧病房與居家護理
- 安寧療護遠距視訊
- 安寧共同照護計劃
- 會員入會申請

### 台灣安寧照顧協會

Taiwan Hospice Organization



### 新消息公佈欄

■ 活動消息

健保 IC 卡安寧註記登錄 \*安寧資訊一覽



健保 IC 卡 安寧緩和醫療意願 」您註記了嗎?



## 台灣安寧緩和醫學學會

關於學會

學會訊息

學術活動

會務報導

專案計劃

網站連結

會員專區

繼續教育課程

會員登入



#### 公告事項

- 2006-10-31 95年度安寧住院、居家及共照 訪實地查重要公告
- 2006-10-17 有關「96年安寧共同照護計 畫」申請案

説明:國民健康局為期能自96年1月1日延續 「安寧共同照護計畫」案

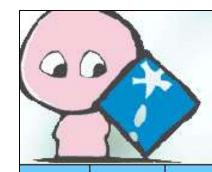
 2006-09-20 安寧緩和醫學專科醫師甄審辦 法

#### 最新學術活動

 2006-11-26 安寧療護國際暨學術研討會 (請按此報名及查詢報名)

11月25日26日於宜蘭辦理之研討會特別邀請到國內外安寧療護的精英,針對民眾、病患家屬、臨床醫療人員、宗教師等等不同角色的需求,提供安寧療護的相關知識及技術,其中26日更就「非都市化地區如何推動安寧療護」的議題,進行國際的經驗分享與學術交流,期待您一同來參與這場豐富精采、難能可貴的盛會~

更多學術活動



TAIWAN MOTOR NEURON DISEASE ASSOCIATION

思識協會

認識疾病

醫療資訊

病支權益 及社會福

愛心義賣

幫助我們 病皮創作

加入會員

2006年11月25日 星期六

#### 活動放送台

>病友林月姑榮獲「2006國際身心障礙者日創作比賽」繪畫作品組第二名,詩文作品組佳 作

2006/11/21

>轉載「圓、缺之間一愛在左右」

2006/11/3

>類漸凍人照護中心一「祈翔病房」開幕典禮暨漸凍人陳宏老師新書發表會

2006/10/2

## remoons 含理密率經和意理學會

	_		· 8	77	Register now!	Username	Password
主選單		類示全部類別 🗸		2006	年 11月		
首頁	星期	一 星期	月二 星期	三 星	期四 星期	月五 星其	京 星期日
最新消息 線上人數			1	12	/3	14	/ 5
友好訊息	•						
學術活動					10		
護理學會行事曆	6	17	<b>/</b> 8	<b>/</b> 9	<b>/</b> 10	/11	/ 12
新増	•				<ul><li>行事曆</li></ul>	完成	
回論信				2.			
登入	, <sup>13</sup>	<b>1</b> 4	<b>/</b> 15	<b>1</b> 6	<i>!</i> 17	<ul> <li>✓ 18</li> <li>● 藝術治 資教育訓</li> </ul>	ノ 19 療種子師
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<b>密碼:</b>	•					<ul><li>宜蘭國</li><li>討會</li></ul>	際學術研



### 台灣癌症安寧緩和醫學會

Taiwan Society of Cancer Palliative Medicine



最新消息

課程目錄

線上學習入門

關於我們

重要相關網站連結

#### 最新消息 new

- (10-23)第二屆第一次理監事會紀錄
- 第二屆第一次理監事聯席會紀錄:時間:中華民國九十五年十月十三日 下午六時三十分至 八時二十分地 ?...(詳全文)
- <u>(10-17)癌症安寧緩和醫學專科醫師甄審辦法 特別條款</u> 癌症安寧緩和醫學專科醫師甄審辦法 特別條款 茲因第一年舉辦專科醫師甄審,故第一年甄 審將實施特別條款?...(詳至文)
- (10-16)第二屆第一次會員大會紀錄 第二屆第一次會員大會會議紀錄:一、時間:九十五年九月二十四日 上午十一時三十分至 中午十二時三十分?...(詳全文)
- (09-14)癌症安寧緩和醫學專科醫師甄審辦法 台灣癌症安寧緩和醫學會癌症安寧緩和醫學專科醫師甄審辦法草案一、台灣癌症安寧緩和 醫學會〔以下簡稱本?...(詳全文)
- (09-14)2006台灣癌症安寧緩和醫學會年會暨學術研討會節目表請按我(詳全文)

▶帳號:	
▶突礁:	

▶身分:	教室	,
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帳號申請	
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1	? 忘記密碼
ı	心和面腦

確定

個人心得經驗

more >

# Advocacy for Hospice Palliative Care in the community

#### 微笑走過人生

指導單位:花蓮縣飲賣局

第一幅文:九十四年八月二十三日:単期四 除上10:30-31:30

第二编次。九十四年八月二十四日、星期五 使上(9:30-2):30

参加對象:對生死學、生命教育有興機之社會民衆

報 名 費:現場勝交・150元/人。全程参與者可審得数時研

包括解婚班(50))符。

#### 基一场注册片:6片25年

[ABBA]

[小朋友助告] [走出脑院安居之路]

1. 如何透遊照終減人的故事,我接會大蔥捉生命教育。

1. 如何和小朋友提出死亡。

3. 折音分單的生命教育。

#### 第二場次形式 +6月24年

[未部品水]

【土献作人位】 研討上海:

1 宗教就称你病人的童喜姓。

2. 女性如何由世典和媒件 -

3. 神職人資在維終結件的意色。

五個所條件和心室或長。

SHIT THEASEN

minor tex











## life story of patient and family

















## Training program

- The Hospice Information Education Center
  - "EPS" program. elementary level (E), a general professional level (P) and a higher specialist level (S).
  - By the year 2005, 2230 out of 2347 trainees registered
- CME system for palliative care specialist (The Taiwan Academy of Hospice Palliative Care)
- Hospice-teleconference monthly (Hospice Foundation of Taiwan and Taiwan Hospice Organization)
- Research projects topics
  - traditional Chinese food therapy for terminal cancer patients, spiritual needs of terminal cancer patient in Taiwan and model of bereavement for Taiwanese are in progress.
- Training for trainer: spiritual care core manpower



#### Palliative care video conference in Taiwan

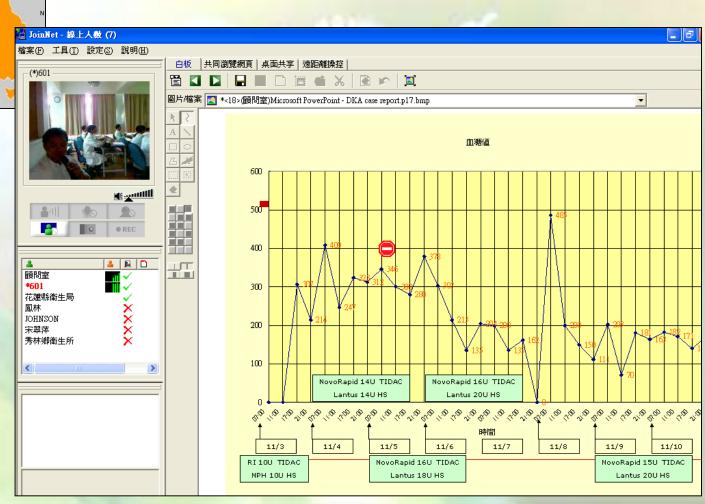
- Started since 1999
- Participant hospital: 3 hospitals to >15 hospitals
- More than 200 palliative workers jointed the program in their service unit





### The future

• Videoconference with other countries in Asia Pacific region through internet.





## 台灣新安寧運動 New palliative movement in Taiwan

- · 癌症的早期療護 Early intervention
- · 非癌症的末期照護 器官衰竭 Organ failure/ MND
  - 心臟衰竭、肝衰竭、腎衰竭、運動神經元末期照護、愛滋病末期照護···
- · 重度失智病人照護 End stage dementia care
- ・社區、安養中心的安寧緩和療護 Community/ long term care institution
- · 預立醫療自主計畫 ACP



"The time has now come for the next stage........ the introduction of palliative care into mainstream medicine ......to give relief but also choice to each individual and family.

現在是第二階段的時候了...使緩和安寧療護成為主流醫學的一部分...除了減輕症狀外,亦讓病人及他們的家屬可作出他們自己的選擇

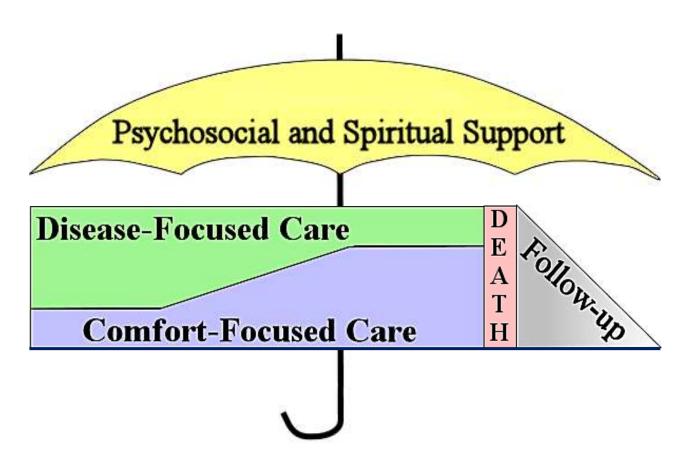
Dame Cicely Saunders
WHO 2004 'Palliative Care The Solid Facts

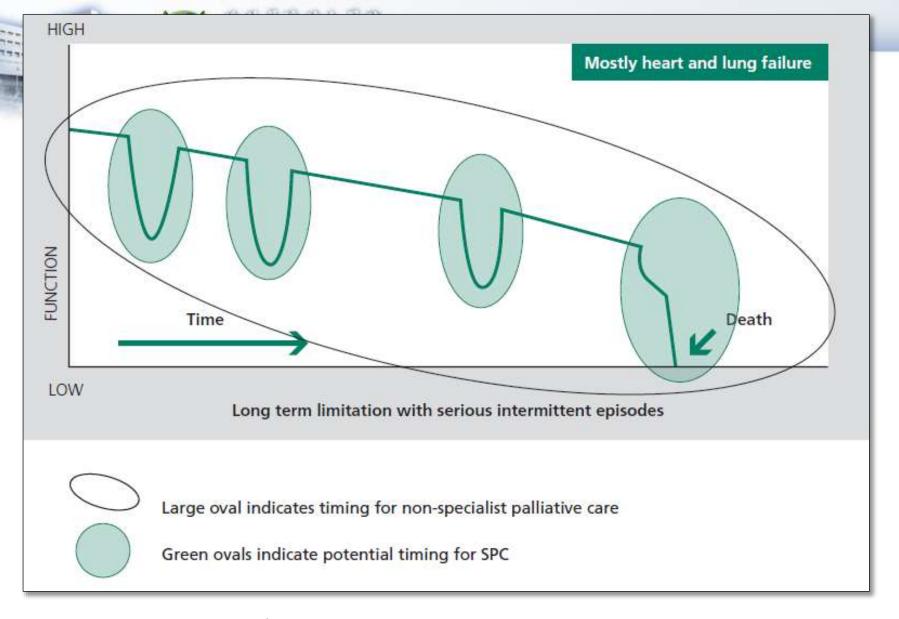
"末期"照護不應只針對癌症,其他如老人醫學,神經科、家庭醫學科...及涵蓋其他的科別 Saunders, 1996



### 非癌症末期照顧模式

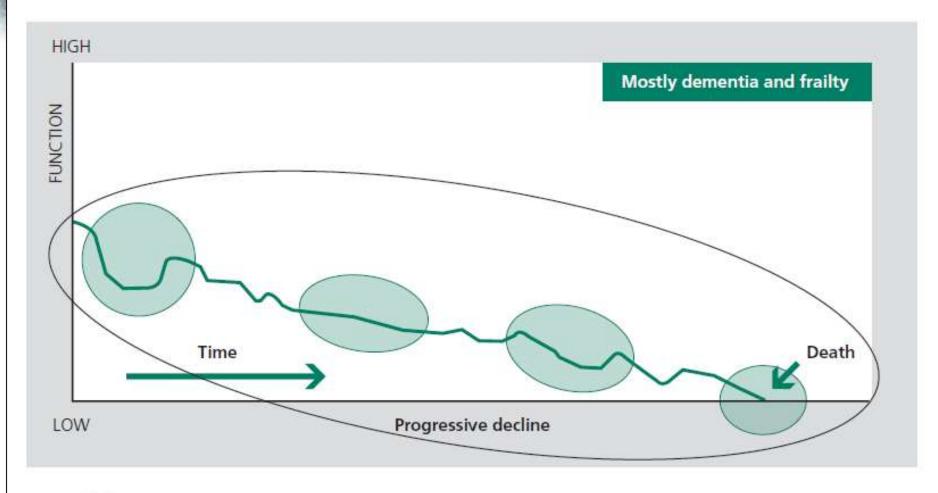
### Non-cancer palliative care model





Palliative Care for All - Integrating Palliative Care into Disease Management Frameworks Joint HSE and IHF Report of the Extending Access Study Published 2008

# TIMING OF PALLIATIVE CARE IN DISEASE TRAJECTORY MOST COMMON IN DEMENTIA AND FRAILTY [ADAPTED FROM 60]<sup>15</sup>





Large oval indicates timing for non-specialist palliative care



Green ovals indicate potential timing for SPC



### 台灣地區2011年人口死亡原因 (Cause of death)

	合	計		
順位	死亡原因	死亡 No Death	安寧人數 No EoL care	安寧比率 Hospice %
	所有死亡原因 All cause death	152, 030	13, 085	9. 4
1	惡性腫瘤 Cancer	42,559	12, 775	30
2	心臟疾病 Heart disease	16, 513	48	0.29
3	腦血管疾病 Stroke	10, 823	9	0.08
4	糖尿病 DM	9, 081	0	0
5	肺炎 Pneumonia	9, 047	94	1.04
6	事故傷害 Injury	6, 726	0	0
7	慢性下呼吸道疾病 COPD···	5, 984	13	0.22
8	慢性肝病及肝硬化 Liver…	5, 153	93	1.80
9	高血壓性疾病 Hypertensive d	4, 631	0	0
10	腎炎、腎病症候群及腎病變 CKD	4, 368	53	1.21
	其他 others	37, 145	0	0%

- •癌症末期選擇安寧療護已經超過30%
- •其他非癌末則只有0.28%,成長空間大



### 對末期病人那些是最重要的….

- · 對死亡地點的選擇 Choice is important- 有半數以上的死亡地 點不是病人所選擇的,尊重病人的自主權
- ·居家照顧 Home Care -最後一年大都是在家裡,只要增加一點點 社區照護,超過50%病人可在家往
- · 減少住院及院內死亡 Hospital stays and deaths
- · 照護的不平等 Inequity- 在醫院往生者大都是較貧窮、老人、女性、長期患病者…
- 有計畫 Planning 透過有計畫的資源運用、照顧者的支持、症 狀控制、經驗分享,可有效改善,
- 沉默的大眾 Silent majority- 非癌症病人、居家病人…
- · 需求的改變 Increasing urgency 人口與地理環境的改變



#### 我想回家



家中沒有設 備儀器

怎可以回家?

他可以 吃什麼 ....????

發生狀況誰可 以幫忙

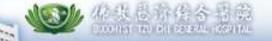
外藉看護聽 不懂

有事情要問誰

怎樣去看診



模組系統	系統功能說明
生理監測系統	居家病人血壓、血糖、血氧、心跳資訊持續上傳至醫院端,
	加上緊急通報監測,讓醫護人員隨時隨地掌握居家病人狀況。
醫療應用系統	以e 化方式,從收案開始、末期病人因症狀控制需要及到院門診、甚至住院治療等醫療資訊、檢查報告,與醫院端醫療資訊系統介接、自動更新。
個案管理系統	居家照護服務流程系統化,結合電子化照護記錄內所有表單, 醫護人員及工作小組可即時取得病人資訊、便於協同合作。
協同照護系統	醫護專業人員,含家屬志工等透過此系統與病人、家屬即時 充分溝通,互相支持、分享其經驗,身心靈支持。
安寧衛教系統	彙整多語系安寧衛教資訊,以協助花東地區原住民、外籍看 護及主要照顧者取得專業知識及相關協助。
生活支援服務	彙整花東地區在日常生活、醫療照護等店家及產品資訊,透 過地圖,讓使用者快速取得臨近服務。















序號	服務專案	安寧住院 Hospice inpatient	安寧共照 Hospice consultation	安寧居家 Hospice home care / institution
1	醫護專業療護	<ul><li>○</li><li>依醫曯安排</li></ul>	○ 依醫囑安排	◎ 每週2次
2	生理資訊系統監控			
3	緊急狀況處理			
4	安寧衛教			
5	生、心理生活照顧服務			
6	機構安置			
7	喘息服務			
8	交通接送			
9	營養餐飲			
10	生活輔具租購			
11	居家無障礙環境			
12	申請本國、外籍看護工服 務協助			





# The Asia Pacific Hospice Palliative Care Network

www.aphn.org



# A network to support hospice workers in the region

A cardiologist's dream

In 1995, Dr Hinohara invited the 1st group of hospice pioneers from 6 countries to meet in Tokyo



Dr Shigeaki Hinohara
Chairman
Life Planning Centre
Nippon Foundation



### **Beginnings of a Hospice Network**

- In 1996, Singapore organized the 2<sup>nd</sup> Asia Pacific Hospice Conference attended by 500 delegates from 22 countries
- All agreed to continue these conferences, next in Hong Kong, then Taipei, Osaka & Seoul





### 14 Founding Sectors of the APHN



Sectors, not countries
Sectors are geographical areas
comprising regions of a country or
more than 1 country



Australia Hong Kong India Indonesia Japan Korea Malaysia Myanmar New Zealand Philippines Singapore Taiwan Thailand Vietnam



### Asia Pacific Hospice Palliative Care Network



Legally registered in 2001 Secretariat in Singapore Run by Council of 20 Sector Representatives



1<sup>st</sup> APHN Council



### Asia Pacific Hospice Conferences

Singapore 1989

Singapore 1996

Hong Kong 1999

Taipei 2001

Osaka 2003

Seoul 2005

Manila 2007

Perth 2009

Penun 2011

Bangkok 2013



Singapore 1996



Seoul 2005



# 2015 Asia Pacific Hospice Conference (APHC) in Taiwan





