



香港老年學會
HONG KONG ASSOCIATION OF GERONTOLOGY
香港老年學學院 - 和富訓練中心
Hong Kong Institute of Gerontology - Wofoo Training Centre
香港安老院舍評審計劃
Residential Aged Care Accreditation Scheme

Advanced Course in Gerontology *Mental Health in Older Adults*

Aims: This course explores the range of mental health problems commonly encountered in the elderly, from dementia, depression, suicidal behaviours, to other functional psychiatric disorders. Issues covered include the recognition of mental-health problems, their epidemiology, the assessment, pharmacological as well as non-pharmacological management.

- Learning Objectives:**
1. Gain knowledge in demographic distribution, prevalence and incidence of various mental health problems in old age
 2. Gain familiarity with clinical features, assessment and diagnostic criteria of mental disorders of old age
 3. Develop skills in conducting mental status evaluations
 4. Understand indications and potential adverse effects of pharmacological management
 5. Gain knowledge in the range of non-pharmacological interventions commonly employed in this age group
 6. Become familiar with various professional roles in mental health practice

Teaching methods: Classroom teaching, case scenarios, video-shows and group discussion.

Honorary guest speakers **Dr. Chan Wai-chi** (*Senior Medical Officer, Prince of Wales Hospital*)

Ms Fanny Wong (*Social Worker, Community Rehabilitation Network*)

Ms Annie Yip (*Senior Clinical Associate, School of Nursing, HK Polytechnic University*)

Ms Helen Sezto (*Occupational Therapist I, United Christian Hospital*)

Dr Jess Leung (*Specialist in Psychiatry, United Christian Hospital*)

Dr Mimi Wong (*Specialist in Psychiatry, Castle Peak Hospital*)

Dr Paulina Chow (*Specialist in Psychiatry, Castle Peak Hospital*)

Medium of instruction: The course will be taught in Cantonese and supplemented with English. All teaching notes will be in English.

Assessment: The assessment for this course comprises written examination (80%). The other 20% is awarded for class attendance. Participants must have 80% attendance to be eligible for the assessment.

Awards Certificates: A certificate will be awarded to participants who have attended at least 80% of the total training hours and satisfactorily completed the assessment. Participants who have completed 3 basic courses and 7 advanced courses will be awarded Diploma in Applied Gerontology. Additionally, **CNE / CPD / CME points will be awarded by the professional associations accordingly.**

Class size: 30 participants.

Venue: Hong Kong Institute of Gerontology, 1/F, Kimberley House, No. 35 Kimberley Road, Tsim Sha Tsui, Kowloon.

Course Fee: HK\$2,200 for member and HK\$2,500 for non-member of Hong Kong Association of Gerontology.

Deadline for application: 6 February 2012

Enquiry: Telephone: 2775 5756 Email: info@hkag.org
Fax: 2775 5586 Website: <http://www.hkag.org>

Mental Health in Older Adults

(4th intake)

Course Content: (11 February to 21 April 2012)

Session	Date & Time	Topic	Speaker
1	11/2/12(Sat) 3:00-5:00pm	Overview of mental health problems in elderly	Dr. Paulina Chow
2	18/2/12(Sat) 3:00-5:00pm	Overview of elderly suicide	Dr. Mimi Wong
3	25/2/12(Sat) 3:00-5:00pm	Neuropsychiatric symptoms of dementia and elderly confusion	Dr. Jess Leung
4	3/3/12(Sat) 3:00-5:00pm	Pharmacological treatment for dementia	Dr. Jess Leung
5	10/3/12 (Sat) 3:00-5:00pm	Functional Assessment for persons with dementia	Ms. Helen Sezto
6	17/3/12 (Sat) 3:00-5:00pm	Caregiver stress	Ms. Fanny Wong
7	24/3/12 (Sat) 3:00-5:00pm	Non pharmacological treatment of dementia	Dr. W C Chan
8	31/2/12 (Sat) 3:00-5:00pm	Bedside cognitive assessment	Dr. W C Chan
9	14/4/12 (Sat) 3:00-5:00pm	Cognitive therapy and elderly with depression	Ms. Annie Yip
10	21/4/12 (Sat) 3:00-5:00pm	Examination	



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Mental Health in Older Adults

Registration Form

Please type or print in Block Letters & return this form together with full payment and a self-addressed envelope affixed with stamp to:

Hong Kong Institute of Gerontology,
1/F, Kimberley House, No. 35 Kimberley Road, Tsim Sha Tsui, Kowloon

I. Personal Data

Title: Mr. / Mrs. / Miss / Ms

Sex: M / F

Name in English: _____

Name in Chinese: _____

Organization & Department: _____

Post: _____ Profession: _____

Qualification: _____

Mailing Address: _____

Tel no.: _____ Mobile no.: _____

Fax no.: _____ Email Address: _____

II. Payment (Please tick)

Member of Hong Kong Association of Gerontology: []

Non-member: []

Total Amount: _____

Cheque No.: _____ Bank: _____

Please make your cheque payable to: "Hong Kong Association of Gerontology"

(Application will be confirmed until we receive both application form and cheque)

For enquiries: Tel.: 27755756 Fax: 27755586

Please complete following mailing labels for further communication purpose.

Name: _____ Name: _____

Address: _____ Address: _____

