



Hong Kong Association of Gerontology

End of Life Training Program—Counseling and Bereavement

Training Course

Care of Self through Healing Our Wounds

With the funding support from "la Caxia" Foundation and The Bank of East Asia Charitable Foundation, The Salvation Army and Hong Kong Association of Gerontology jointly operate the "Palliative Care in Residential Care Homes for the Elderly". Providing bereavement support to the families facing the loss of loved one is essential elements in end of life care. Through a series of training workshops, we aim to provide a platform for the helping professionals to acquire skills and knowledge about bereavement and counseling skills.

Honorary speakers:

Dr. Rhoda Yuen (Counseling Psychologist)

- Currently working as Counseling Psychologist of the "Palliative Care in Residential Care Homes for the Elderly" project organized by The Salvation Army and Hong Kong Association of Gerontology
- Experienced counseling psychologist currently working in Society for Promotion of Hospice Care, Bradbury Hospice, Shatin Hospital, Prince of Wales Hospital, Princess Margaret Hospital, Kwong Wah Hospital and Adventist Hospital
- Specializes in designing curriculum and teaching courses/workshops on End-of-Life Care; provide staff supervision and consultation services; counseling services for cancer patients
- Worked as clinical supervisor in HK Institute for Christian Counseling (2008-10)
- Teaching health professionals in CUHK End-of-Life Diploma Program (2008-9)

Care of Self through Healing Our Wounds

Aims:	<ul style="list-style-type: none"> ● To understand how unresolved issues affect our psychological well-being ● To heal our wounds from the past ● To achieve self-growth 		
Content:	<ul style="list-style-type: none"> ● Deep relaxation and contemplation ● Healing through catharsis and understanding ● Transform; accept; let go 		
Teaching methods:	1-day experiential workshop		
Honorary speakers:	● Dr. Rhoda Yuen (Counseling Psychologist)		
Target Groups:	<ul style="list-style-type: none"> ● Health care setting professionals who are working in hospital; ● Social welfare setting professionals who are working in residential care home for the elderly or elderly centre or home care setting. 		
No of participants:	10-12		
Accreditation:	CNE/CPD points will be awarded by the professional associations accordingly		
Date:	8/1/2011 (SUNDAY)		
Time:	9:30am to 4:30pm		
Course Fee:	HK\$500 for member and HK\$600 for non-member of Hong Kong Association of Gerontology		
Venue:	Hong Kong Institute of Gerontology, 1/F., Kimberley House, No.35, Kimberley Road, Tsim Sha Tsui, Kowloon.		
Deadline of application:	26/12/2011		
Enquiry:	Miss Gloria Chun		
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