



Co-organizers

## CNE Update course on Counselling and Communication with Elders and their Family Members

<b>Date:</b>	5/1, 12/1, 19/1, 26/1, 2/2, 9/2 (6 evening lessons on Tuesday)
<b>Time:</b>	7:00 pm to 9:00 pm
<b>Target participants:</b>	Nurses in Medical Wards, Geriatric Wards, Surgical Wards & Orthopaedic Wards, Elderly Homes and Community settings
<b>Venue:</b>	ZOOM online teaching (with ZOOM manual)
<b>Course Fee:</b>	HKD 1,800 per person ( <i>non-member</i> ) HKD 1,600 per person ( <i>member of HKAG and HKCGN</i> )
<b>Language:</b>	Cantonese
<b>CNE Points:</b>	2 points/session (Attendance Certificate would be awarded)

	<b>Date</b>	<b>Topics</b>	<b>Speaker</b>
1.	5 Jan (Tue) 7:00pm-9:00pm ZOOM	Psychological Changes with Aging, Attitude and Skills in Counselling	<b>Dr. Tong Bing Chung</b> <i>Consultant, Princess Margaret Hospital</i>
2.	12 Jan (Tue) 7:00pm-9:00pm ZOOM	Counselling Elders and Their Family within the Context of Chronic Illness	<b>Dr. Tong Bing Chung</b> <i>Consultant, Princess Margaret Hospital</i>
3.	19 Jan (Tue) 7:00pm-9:00pm ZOOM	Counselling of Elders within a Family Context	<b>Ms. Yung Lai</b> <i>Social Worker and Family Therapist</i>
4.	26 Jan (Tue) 7:00pm-9:00pm ZOOM	Conflict Resolution in Elder Care: Application of Mediation Skills	<b>Ms. Sylvia Siu JP</b> <i>Solicitor &amp; Chairlady of Joint Mediation Helpline Office</i>
5.	2 Feb (Tue) 7:00pm-9:00pm ZOOM	Communication skills with patients and families with elders having mental health problems	<b>Ms. Ho Wing Sze</b> <b>APN (Psy)</b>
6.	9 Feb (Tue) 7:00pm-9:00pm ZOOM	Counselling and management of carer stress and handling difficult situation	<b>Ms. Fung Ka Ming</b> <b>APN(Psy)</b> <b>Therapist of Cognitive Behavioral Therapy</b>

## Speakers profile:

### Dr. Tong Bing Chung

*Consultant, Princess Margaret Hospital*

Dr. Tong is a geriatrician working in public hospital. He has intense interest in working with elder patients within their psychosocial and family context. He holds master degrees in social science (counselling) and social work (family-centred practice and family therapy). He is an associate fellow of the Hong Kong Professional Counselling Association and a life member of Asian Academy of Family Therapy. He is experienced in complaint management and mediation skills training in the hospital setting.

### Ms Yung Lai

*Social Worker and Family Therapist*

Ms. YUNG Lai is a family therapist and a social worker who works extensively with the elderly and the chronic patients for more than twenty years. She is expert in adopting self-help approach and family therapy in providing psychosocial support for the clients. She has been conducting various trainings and issued several publications on the areas.

### Ms Siu Wing Yee, Sylvia JP

*Solicitor and Accredited Mediator*

Ms. Siu is a solicitor of HK (practicing), UK, Australia & Singapore (non-practicing). She is the co-founder of HK Mediation Centre, accredited mediator of CCPIT, Dongguan Court No.2, CEDR, HKIAC, HK Law Society, HK Institute of Arbitrators, HKMAAL, HK Mediation Centre and the World Trade Centre Macau Arbitration Centre; she has spoken at local & international ADR conferences and has conducted training courses in ADR in HK, Macau & PRC. She is the President of the Hong Kong Chinese Women's Club, President of Hong Kong Institute of Arbitrators, Vice-Chairperson of The Society of Rehabilitation and Crime Prevention Hong Kong, Chairlady of Wong Chan Sook Ying Memorial Care & Attention Home for the Aged.

Ms. Siu was awarded Justice of the Peace by HKSAR in 2007 for her long outstanding services. Some key positions she has held includes but not limited to Hon. Secretary of Zonta International District 17, President of Zonta Club of Victoria, President of HK Federation of Women Lawyers. She was awarded HK Law Society's Distinguished Pro Bono Service Award in 2011. She was also reckoned in the Mainland and received the China Association of Women Entrepreneurs:- 10 Most Influential Women Entrepreneur Award in 2013, 100 Leading Women in PRC, HK, Taiwan and Macao Award in 2011 and Women Entrepreneur of Highest Integrity Award in 2010. Recently, she was awarded the Social Enterprise Research Institutes' Nobel laureate series-Asian Social Caring Leadership Award in 2017.

*Ms Ho Wing Sze*  
*APN (PSY)*

Miss Ho is an advanced practice nurse of psychogeriatric team in Kwai Chung Hospital. She have worked in the psychogeriatric team for 19 years and has done many different services for the elderly such as Private Old-aged Home Outreaching Services, Suicide Prevention for the Elderly and Community Psychiatric Nursing Outreach etc. During the work, She has completed the degree of nursing in 2006 and the master degree of healthcare in 2015 respectively in line with lifelong learning. Hoped to using her knowledge and experience to contribute for the elderly continue.

*Ms Fung Ka Ming*  
*APN (PSY) & Therapist of Cognitive Behavioral Therapy*

Ms. Fung is an experienced psychogeriatric (PG) nurse and also a CBT therapist. She now works in the psychogeriatric ward of Kwai Chung Hospital. She had worked in outreach team and provided on-site PG nursing management of client's mental health problem in the community, and liaised with the licensed private old age home and the client's relatives. Ms. Fung is a member of Domestic Worker Support Group which provides the training to foreign domestic

Advanced Practice Nurse (Psychiatric) & Therapist of Cognitive Behavioral Therapy

**Zoom manual, login ID & password will be delivered via email on Friday in advance one week before the lessons.**



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### Registration Form

**Title:** Dr. / Mr. / Mrs / Miss / Ms

**English Name\*** (In Block Letter): \_\_\_\_\_ **Chinese Name\*:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Office No:** \_\_\_\_\_ **Mobile\*** (receive SMS): \_\_\_\_\_ **Fax:** \_\_\_\_\_

**E-mail\*:** \_\_\_\_\_

**Workplace:** \_\_\_\_\_

**Post\*:** Nurse:  RN  EN Others: \_\_\_\_\_

#### Course Fee:

Non-member: \$ 1,800

Member : \$ 1,600 Membership No.( HKAG / HKCGN)\*: \_\_\_\_\_

*Organization member could nominate 5 participants only in each course*

Signature of authorized person &

Organization Seal: \_\_\_\_\_

**Registration Deadline: 16 Dec 2020 (Mon)**

#### For Registration:

Please complete the CNE Registration Form with payment to Hong Kong Association of Gerontology. Payment methods could refer to HKAG webpage:

<http://hkag.org/Courses/CourseApply.html>

If you would like to join our membership to enjoy instant discount of the course, please fill-in Membership Application Form together with CNE course Registration Form with payments via mail, email or fax to HKAG.



Payment Details



Membership Form

#### Receive information from HKAG:

I consent to receive information from HKAG in upcoming course, seminars or activities. Hong Kong Association of Gerontology

1/F., Kimberley House, 35 Kimberley Road, Tsim Sha Tsui, Kowloon

**Tel:** 2775 5756 (Ms. Henrietta Woo)

**Fax:** 2775 5586

**Email:** [tfwo@hkag.org](mailto:tfwo@hkag.org)