

面對2019冠狀病毒病----- 安老院舍提供晚晴照顧的挑戰



香港耆康老人福利會
The Hong Kong Society for the Aged

石圍角護理安老院
胡陳美麗

本院提供晚晴照顧的理念：

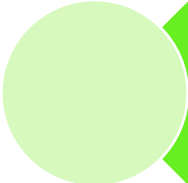
以人為本

提供安寧照顧
攜手圓滿人生路

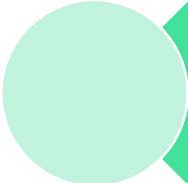
面對2019冠狀病毒病----- 安老院舍提供晚晴照顧的挑戰來自：



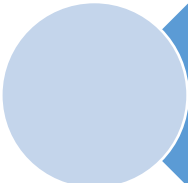
關顧家人



保護院友



守護同事

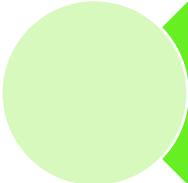


不能預計的情況-----疫情&政策

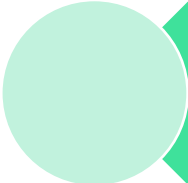
挑戰 vs 契機



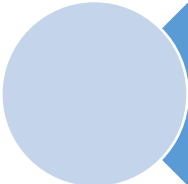
關顧家人⇒提升家人關係



保院護友⇒加強心身靈健康



守護同事⇒善用資源、提升防疫知識



疫情&政策-----正向思維、正面解讀

關顧家人 ⇨ 提升與家人關係

以人為本：想家人所想、急家人所急
主動聯繫及提出解決方案

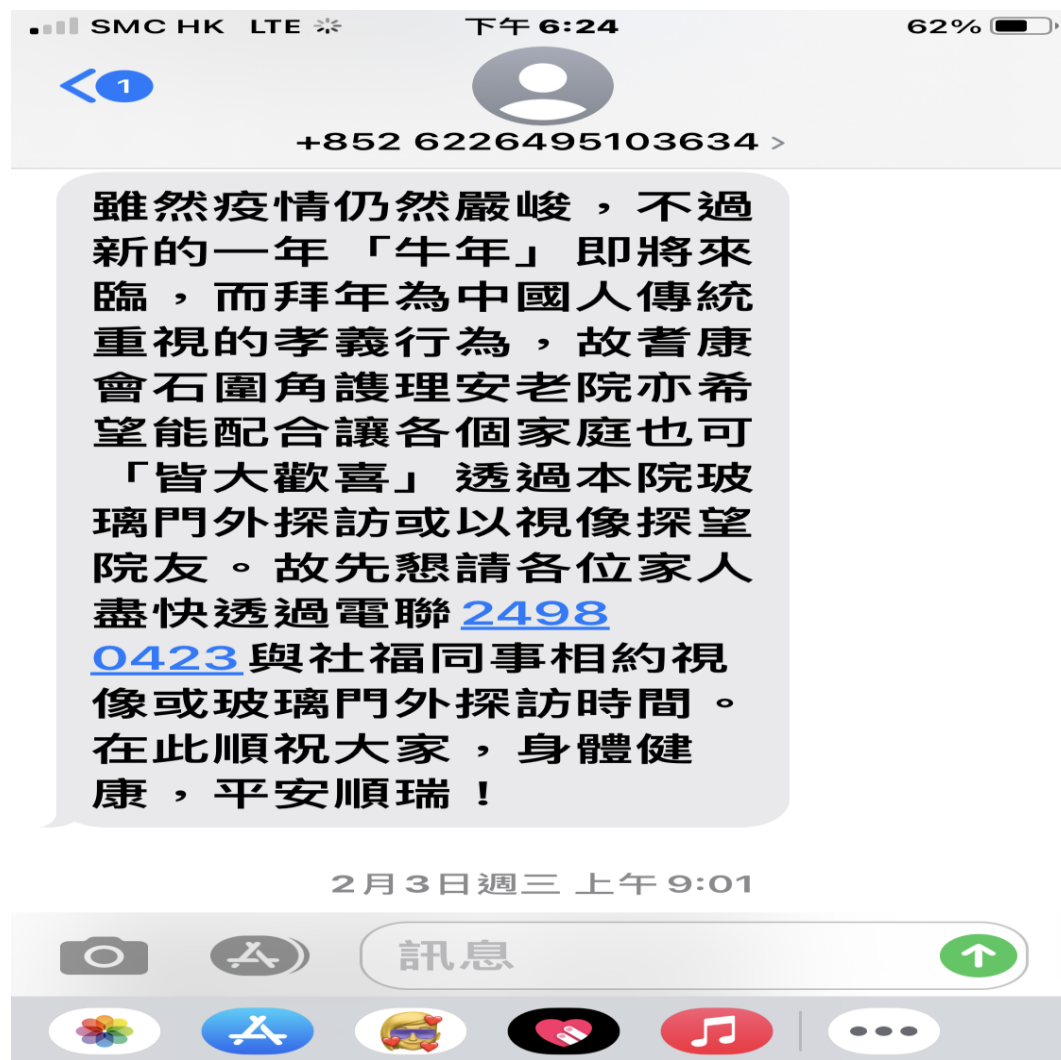
☆玻璃門外探訪

☆視像相見

☆家人華麗轉身 ➤ 陪診員

☆恩恤探訪：最後人生時期的探望
入住安寧房間的安排

以人為本：想家人所想、急家人所急



善用玻璃大門聯繫



視像相見



家人華麗轉身➤陪診員

- 進行檢測 ➡ 成為義務陪診員
- 自備即棄雨衣
- 院舍提供鞋套、頭套



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☆恩恤探訪：最後人生時期的探望



保護院友

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外出覆診的院友，會獲口罩及面罩作保護，每次院友外出回來，均會即時洗澡。

⇒ 加強心身靈健康

保護院友⇨加強心身靈健康

魚菜共生



科技樂趣X-Box & VR



玩具樂-----房間



守護同事

⇒善用資源、提升防疫知識

- 進行環境保護

∪塗層噴灑

∪雙重漂白水地氈

- 為加強保護，每一位職員除日常獲口罩外，每人均獲提供眼罩及面罩、隨身搓手液。務求達至身心保護
- 不需穿制服的同事，上班後穿上外套及更換鞋子才於院內工作
- 不斷進行防感染教育
- 不斷進行以人為本及善終善別教育

雙重漂白水地氈盡量隔絕細菌進來！

大門入口先放置一塊地氈，讓人們到來便先消毒鞋底，清潔雙手及探體溫，於正式進入本院走廊前再有一塊長地氈讓同事或訪者再次消毒鞋底後才進入本院院友居住範圍，達至雙重消毒效果。



善用資源提升防疫及為同事注入強心劑-----刊登家人感謝信

The Hong Kong Society for the Aged
Shek Wai Kok Home for the Elderly
Units 201-260
2/F Shek Lin House
Shek Wai Kok Estate
Tsuen Wan, N.T.
Hong Kong

May 16, 2020

Dear Sir/Madam

I wish to bring a commendation to the attention of The Hong Kong Society for the Aged.

My parents ([REDACTED] WONG, [REDACTED] KWAN) have lived in Shek Wai Kok for about 2 decades, and happily so. They had always been treated like family, and I never worried about their living situation despite seeing them only a few times a year. My father recently passed away, as a result I was quite worried about my mother. However, the attention and care given to my mother has been amazing, and above and beyond the call of duty. The Director, Mrs. Woo, was very understanding of her mental state, and made every effort to ensure that her needs are met during this difficult time. In addition, all the staff should be commended as well.

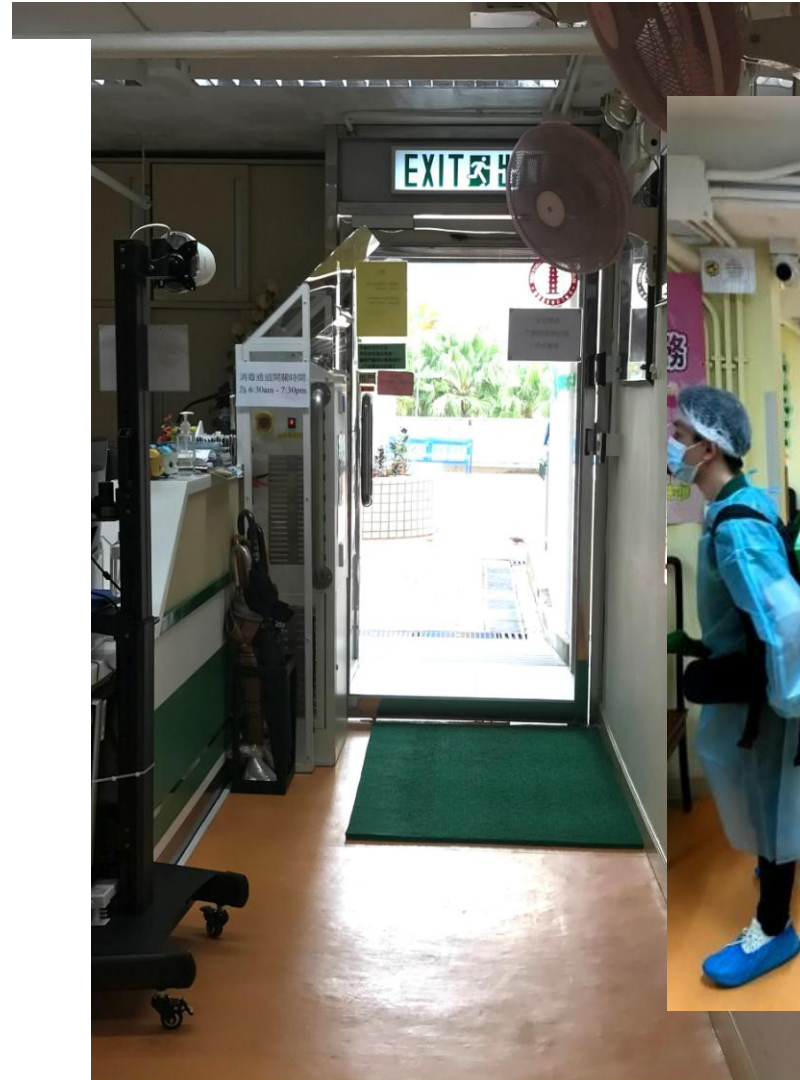
I work with patients myself in the healthcare field, and realize that while it is easy to do the minimal amount required by regulation, the care and attention that I have seen is quite uncommon and truly deserving of a special thanks.

On behalf of my parents, I am deeply appreciative.

Yours very truly,



P. Wong MD, FRCP(C)
Professor of Neurology
University of British Columbia
Vancouver, BC, Canada



疫情&政策-----正向思維、正面解讀

- 正面解讀政策：
 - ◉★謝絕探訪 vs 常常關顧
 - 「後」花園之約
 - ◉★公務及恩恤探訪
 - 安寧頌計劃
 - 安老院舍晚期醫護服務



善用老年學會的資源及人手支援



入住安寧房間的安排

在安寧房門前**加設透明趟門**，加強防疫之外亦可讓居住在內的院友看到房外情況，減低孤獨感



安寧房外設防疫物資的準備工作區





疫情無情、人間卻滿載關愛

疫情雖肆虐，但透過院舍團隊的關愛及細緻的溝通，安寧照顧讓院友保持舒適、盡力提供選擇及維持生活質素。

與安寧頌同事組織「盡善」的照顧團隊，以真愛提供臻善的安寧照顧，用愛與關懷擁抱生命，直至最後一刻。



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